

# Update on regulatory considerations for early clinical development (including Brexit) – Industry perspective

EUFEMED 2019 Conference

15-17 May 2019

Nick Sykes,

Global Regulatory Affairs, Pfizer



GLOBAL REGULATORY AFFAIRS  
Global Product Development



# What I will Cover

- Impact of Brexit on clinical trials
- Revision of the EU First in Human Guidance
- Clinical Trials Regulation
- Look to the Future and Different Types of Trials



# Pre-Brexit related changes for clinical trials

	Nature of Brexit change	Amendment type (Pfizer view)	Total # submissions
 Labelling and packaging site	Add <b>EU-27 sites</b> as additional sites	(Substantial)	~650 submissions covering 107 protocols across 26 EU/EEA markets
 QP release site	Add <b>EU-27 site</b> as an additional site	(Non-substantial)	
 Legal representative	Replace UK-based LR with <b>EU-27-based LR</b>	(Non-substantial) But considered substantial by some MS	



# Post-Brexit Concerns for Clinical Trials

## Cause for concern is limited:

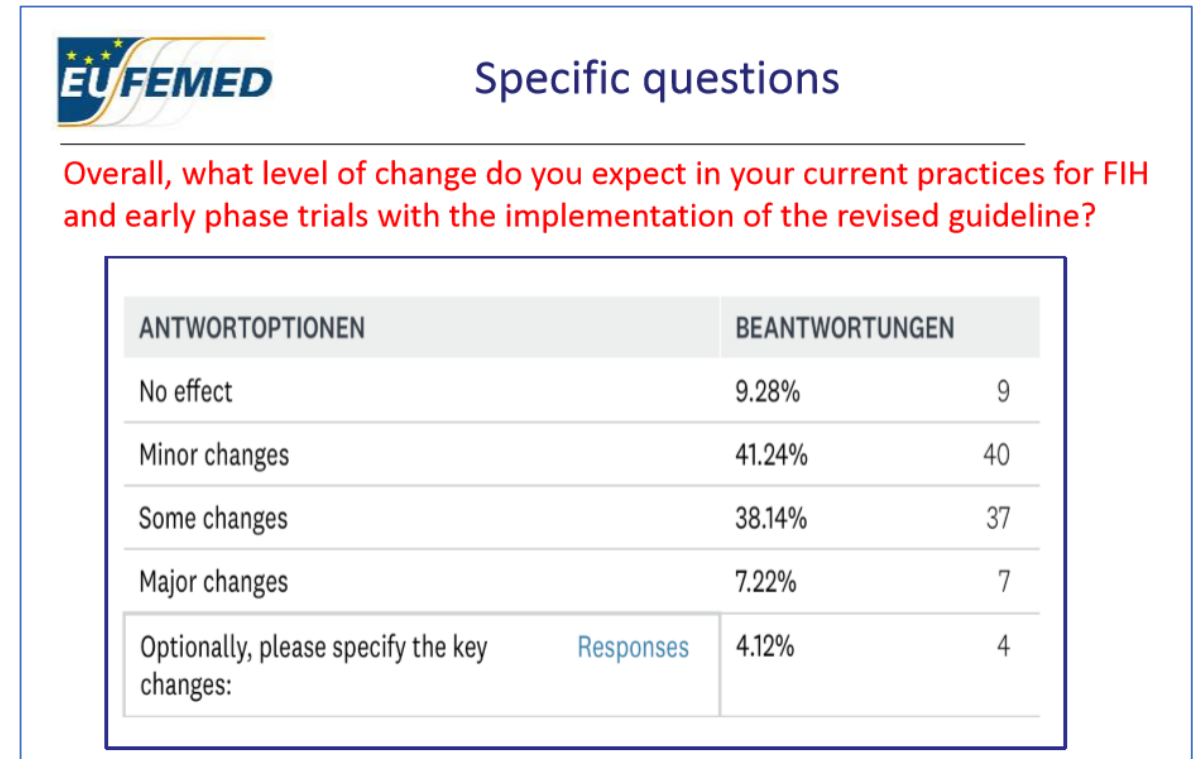
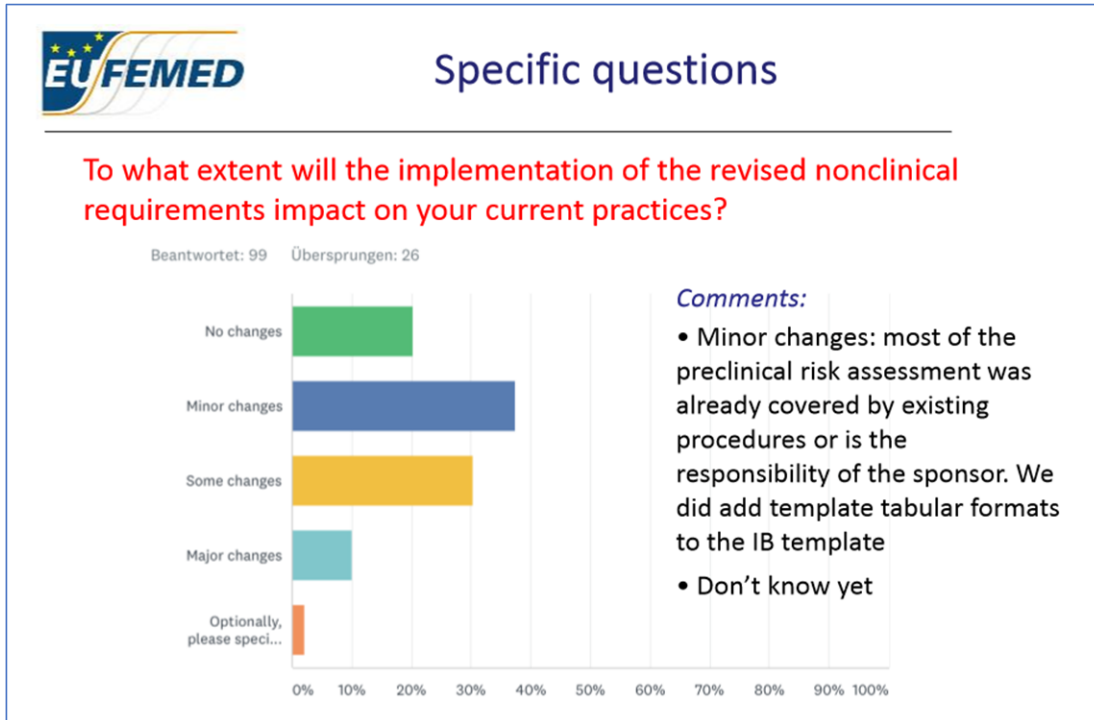
- MHRA guidance pragmatic
- CT market is 'national' so national CTAs and approvals (based upon existing requirements)
- Trials (UK-included) conducted to international standards, thus data from UK trials applicable post-Brexit as it is pre-Brexit

## Key issues:

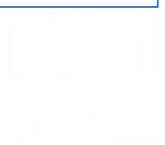
- Border delays
  - Getting IMPs and APIs across the EU/UK border seamlessly
- Duplication of activities in the UK:
  - QP certification with UK-based QPs
  - Safety reporting



# EU First in Human Guidance: Impact on EU Research



Results from a Survey Presented at EUFEMED 1<sup>st</sup> Forum on 'Revised FIH EMA Guideline: Disruptive or Constructive?', 19-Sep-2018



# EU First in Human Guidance: Impact on EU Research



## Impact on European Union / Innovation

Overall, what impact will the implementation of the revised guideline have on the European Union?

ANTWORTOPTIONEN	BEANTWORTUNGEN	
Very negative	2.06%	2
Rather negative	11.34%	11
Neutral	45.36%	44
Rather positive	29.90%	29
Very positive	5.15%	5
Optionally, please specify: Responses	6.19%	6

- This will depend more on the timelines of the new portal and submission process than on the revised guideline.
- It will increase the burden of doing FIH trials, but enhance the safety for the subjects
- Depending on the interpretations by the competent authorities
- Can't say
- The problem it tries to resolve (off target activity) is untouched
- That guideline is badly written, the contents are not clear, there's a mix of several study types, and the fact that advertising for umbrella protocols is made is really disadvantageous. Overall, the impact of that guideline is very negative



## Impact on European Union / Innovation

Overall, do you think that the implementation of the revised guideline could have consequences on innovation?

ANTWORTOPTIONEN	BEANTWORTUNGEN	
Yes	40.00%	38
No	60.00%	57
Optionally, please specify: Responses	0.00%	0
<b>TOTAL</b>		<b>95</b>



## Impact on European Union / Innovation

Overall, do you think that the implementation of the revised guideline could have consequences on innovation? YES:

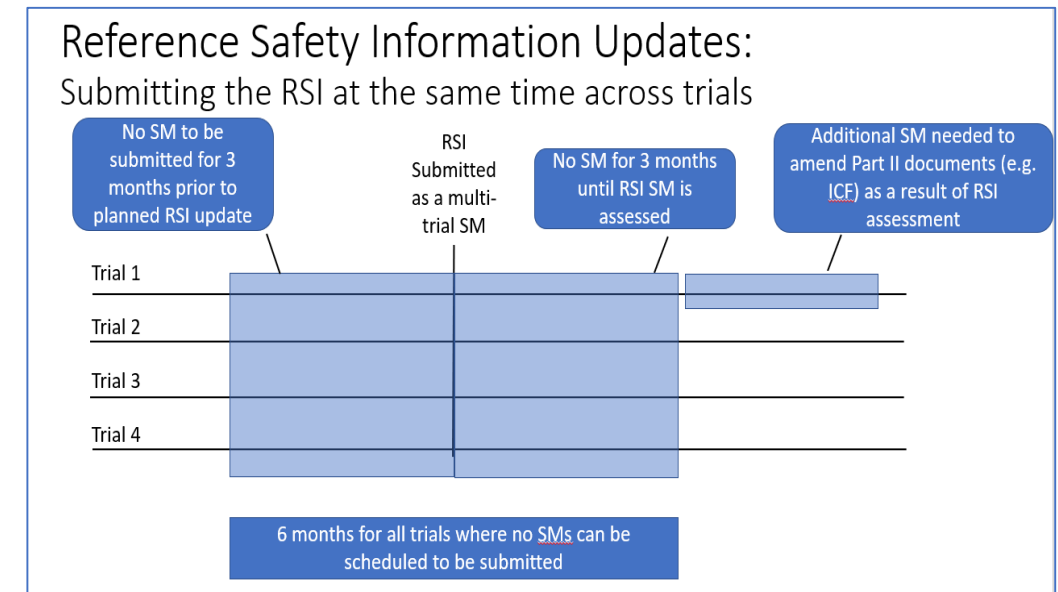
ANTWORTOPTIONEN	BEANTWORTUNGEN	
Very negative	5.00%	2
Rather negative	42.50%	17
Neutral	15.00%	6
Rather positive	32.50%	13
Very positive	0.00%	0
Optionally, please specify: Responses	5.00%	2

### Overall Conclusion:

Survey suggests the revised guidance is not overwhelmingly negative but should question whether it is too early to identify the impact of the revised guideline EU clinical trials. Active collaboration and communication are needed for effective translational science, and to maintain research in Europe.

# Clinical Trials Regulation: A Different Way of Working

- Same rules apply for early-phase studies as they do for later-phase studies – limited options for adaptation
  - Documentation in CTAs
  - Use of complex EU Portal & Database
  - Approval timelines – as slow as the slowest MS
- Substantial modifications – a potential challenge
  - Submitting a SM prevents the ability to submit another SM until the first SM assessment is completed (could take up to 94 days)
  - Rejection of one SM in a grouped SM submission leads to a rejection of all SMs in the group
    - Sponsors' reluctance to group too many SMs
- Still requiring consideration: Interaction between the CTReg and other EU legislation (GDPR, Medical Device Regulation)



# Data Disclosure from EU Database

Generally satisfied that:

- Disclosure of most sensitive data can be deferred:
  - Options to protect disclosure of phase I data and results
  - IMP CMC data is protected
  - Process for disclosure is automated

Outstanding concerns:

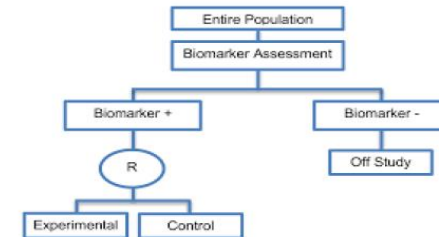
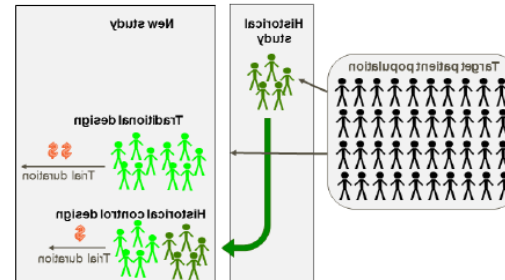
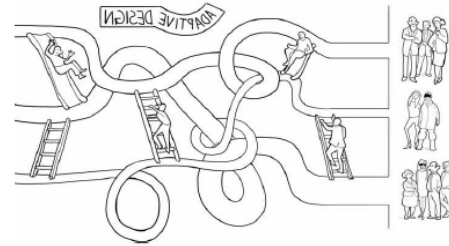
- Lingering ex-EU concerns that data from early-phase trials is not sufficiently protected
- Assessment reports and LoQ could be disclosed even if disclosure of protocol/IB is deferred
- Process for redaction of CMC-related questions/comments in ARs and LoQ
- Not able to extend deferral timelines once selected
  - Maximum timelines for deferral will always be selected





# In the Future there will be Many Different Trial Designs to Choose From...

- Enhanced Use of RWE in Clinical Trials
  - RWE for indirect comparisons
- Model Informed Drug Development
  - Modelling, simulation & extrapolation,
- Complex Innovative Trial Designs
  - Adaptive statistics,
  - Umbrella & Basket studies
  - Platform studies with Master protocols,
  - Historical controls
- Biomarker validation



....in addition to the standard RCT

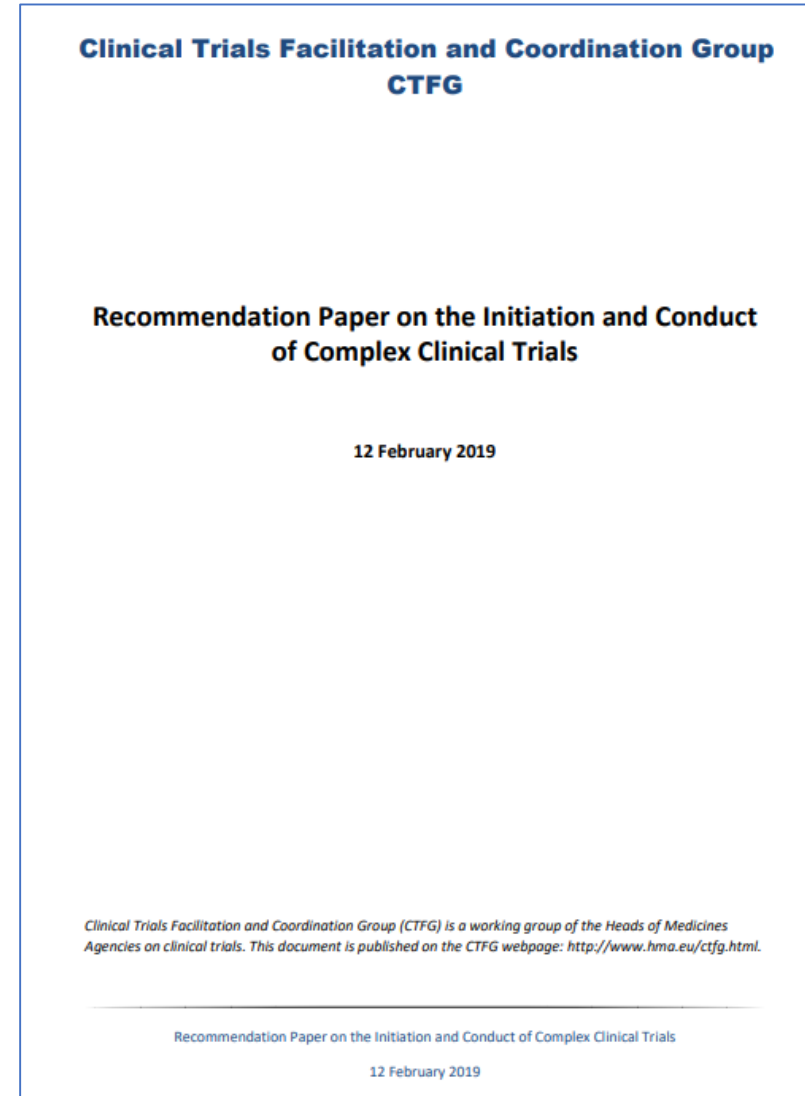


# Will These Trials Impact Early Clinical Research?

“Complex clinical trials are most often early exploratory trials where a limited amount of safety and efficacy data of the IMP(s) being tested is available”

“A clinical trial is a clinical investigation with a pre-defined objective aimed at addressing a precise hypothesis”

- EFPIA has questioned the accuracy of these statements



# In Summary

- Some significant headwinds for conducting early clinical research in the EU:
  - Brexit (Short-term)
  - Revised FIH Guidance – Challenge and/or opportunity
  - CT Regulation (Timeline to be determined, interaction with other legislation)
  - Different trial designs
- If we continue to be innovative, tenacious and committed to patients, we will overcome these

